



Companions on a Journey

Who is a Companion?

Who is a Companion of the Sisters of St. Francis?

A Companion of the Sisters of St. Francis is any baptized person, at least 18 years old, who:

- is called to a mutual faith journey with the sisters.
- wants to share in the mission and vision of the sisters.
- seeks a deeper spirituality to continue the work of Jesus.
- cherishes the charisms of St. Francis, St. Clare of Assisi and Blessed Maria Theresia Bonzel, the foundress of the sisters.
- is financially independent of the sisters.
- has a wholesome attitude towards people.

A Companion's relationship with the Sisters of St. Francis of Perpetual Adoration is a spiritual, not a legal bond.

How to become a Companion

Invitation

Any Sister of St. Francis or Companion may invite an interested person to become a Candidate or any interested person may contact the Directress for information.

Interview-Application

The Companion Directress or her delegate interviews him/her, and gives the interested person an application form.

Preparation

When the completed application is returned,

the applicant is called a Candidate and a period of preparation begins.

Discernment

After prayer, reflection and discussion, the Candidate decides if he/she is ready to become a Companion. If so, he/she makes a like request to the Companion Directress.

Choosing the level of relationship

Level 1—Companion of Prayer

A person who bonds with the sisters through mutual daily prayer.

Level 2—Companion of Service

A person who bonds with the sisters through mutual daily prayer, plus is able to share in community service both locally and provincially.

Commitment

The Candidate publicly makes an annual commitment in a simple ceremony and becomes a Companion.

Annual Companions' Retreat

When: July 29—31, 2016

Facilitator: Rev. Tom Maikowski, Gallup Diocesan Priest, Companion

Topic: "Let Us Confidently Entrust Our Worries to the Lord"

Cost: \$60 to include registration and meals.

Sleeping Accommodations: \$65 per night (Brochures on the retreat will be available in March.)

For more information on the companions and/or retreat, please contact Sister Michelle at 719-649-4847 or michellem@stfrancis.org