



## *Companions on a Journey*

### **Who is a Companion?**

#### **Who is a Companion of the Sisters of St. Francis?**

A Companion of the Sisters of St. Francis is any baptized person, at least 18 years old, who:

- is called to a mutual faith journey with the sisters.
- wants to share in the mission and vision of the sisters.
- seeks a deeper spirituality to continue the work of Jesus.
- cherishes the charisms of St. Francis, St. Clare of Assisi and Blessed Maria Theresia Bonzel, the foundress of the sisters.
- is financially independent of the sisters.
- has a wholesome attitude towards people.

A Companion's relationship with the Sisters of St. Francis of Perpetual Adoration is a spiritual, not a legal bond.

#### **How to become a Companion**

##### **Invitation**

Any Sister of St. Francis or Companion may invite an interested person to become a Candidate or any interested person may contact the Directress for information.

##### **Interview-Application**

The Companion Directress or her delegate interviews him/her, and gives the interested person an application form.

##### **Preparation**

When the completed application is returned,

the applicant is called a Candidate and a period of preparation begins.

##### **Discernment**

After prayer, reflection and discussion, the Candidate decides if he/she is ready to become a Companion. If so, he/she makes a like request to the Companion Directress.

##### **Choosing the level of relationship**

Level 1—Companion of Prayer

A person who bonds with the sisters through mutual daily prayer.

Level 2—Companion of Service

A person who bonds with the sisters through mutual daily prayer, plus is able to share in community service both locally and provincially.

##### **Commitment**

The Candidate publicly makes an annual commitment in a simple ceremony and becomes a Companion.

#### **Annual Companions' Retreat**

**When:** July 29—31, 2016

**Facilitator:** Rev. Tom Maikowski, Gallup Diocesan Priest, Companion

**Topic:** "Let Us Confidently Entrust Our Worries to the Lord"

**Cost:** \$60 to include registration and meals.

**Sleeping Accommodations:** \$65 per night (Brochures on the retreat will be available in March.)

For more information on the companions and/or retreat, please contact Sister Michelle at 719-649-4847 or michellem@stfrancis.org